

Access Guide to Early Childhood Services for Children and Families Prenatal Through Age 5

The purpose of this guide is to help families and service providers in finding appropriate services for children in Yolo County. Help Me Grow Yolo connects families to information and services about child development and community resources.



Family/Caregivers

Families/Caregivers are the primary decision makers for children's healthy development.



Health Services

Families can utilize preventive care services, and connect to a medical and dental home.



Intervention Services

Family-centered developmental supports to for eligible young children from birth to 5 years old.

Natural Supports

Family, Friends, Neighbors,
Teachers, Faith-Based

Family Resource Centers

Provides support, information, and
services that help families
strengthen stability, parenting skills,
and overall well-being.

Empower Yolo



RISE Inc.



Yolo County
Children's Alliance



Basic Needs

Essential resources people require to
live safely and maintain well-being, such
as food and housing.

211 Yolo



Woment, Infants,
and Children (WIC)



**Your Medical Home provides
preventive care: immunizations,
well child exams including
hearing, vision and
developmental screening and
sometimes dental services.**

If you do not have an established
Medical Home consider our
Federally Qualified Health Care or
non profit Options:

Communicare+OLE



Winters Healthcare



Elica Health Centers



Northern Valley
Indian Health



Medi-Cal Insurance

Apply online or
by calling:
1-877-752-4737



Birth to Three year olds

You can requesting an Evaluation
to see if child qualifies for:
Occupational Therapy, Physical
Therapy, Speech and Language
Therapy, Infant Specialist,
Feeding Therapy from:

Alta California Regional Center



Medical Referral through
Insurance (request through Dr.)

Three to Five year olds

You can requesting an
Evaluation to see if child
qualifies for Special Education
services such as: specialized
academic instruction,
speech/language therapy,
counseling, and occupational
therapy, 504 plan from your
local school district.

Find your school
district contact
information:





Home Visiting

Home Visiting programs exist to provide services to help strengthen at-risk families.



Child Care

Child care includes licensed child care center, certified family home, or half day/preschool.



Early Learning

Programs are center-based and promote school readiness.

For caregivers with children aged 0-5

In Home Therapy for Caregivers



For caregivers receiving CalWorks with children aged 0-4

ParentChild+



For pregnant caregivers or less than 12 months postpartum up to 3 years old

Welcome Baby: Road to Resilience



Healthy Families Yolo County



For caregivers with children aged 6 months-4 years

Attachment and Biobehavioral Catch-up



Emergency or Short Term Care

Yolo Crisis Nursery



Financial Support for Qualifying Families

Children's Home Society



Licensed Child Care

Children's Home Society



For Families in West Sacramento

West Sacramento Home Run



Parent Nursery Schools in Yolo County, primarily functioning as parent-participation co-ops are available in Davis, Winters, and Woodland

Universal Preschool

Head Start



State Preschools (School District)

Transitional Kindergarten (TK)

Davis



Esparto



West Sacramento (Washington)



Woodland



Winters



Additional Referral Information

Early Intervention Services	Regional Center: Alta California Provides services for children birth to age 3 with a significant delay, established risk or at high risk due to biomedical risk factors.	(916) 978-6400
	Warmline Family Resource Center Provide free information, resources, referrals, parent training and education, and parent-to parent/caregiver emotional support for families with children of all ages).	(916) 455-9500
Child Care, Early Education and Special Education	Early Head Start/Head Start Programs Provide educational, health and social services to low-income children and children birth to age 5 with an Individual Family Service Plan or an Individualized Educational Program.	(530) 668-3001
	Special Education Services Provide educational services and designed instruction, at no cost to parents, to meet the unique needs of the child (ages 3-21).	Contact your local school district
	Children's Home Society Offers child care payment programs, family education, resource and referral information for liscensed child care programs.	(530) 405-2815
	Yolo Crisis Nursery Free childcare for 0-5 year olds, 24 hours per day365 days per year. Provides wraparound services that help parents.	(530) 758-6680
Mental Health Services	Yolo County Department of Mental Health Provide mental health services for children birth to age 5 and their families.	(888) 965-6647
	Communicare Behavioral Health Team of behavioral health providers to help address any barriers to overall health and wellness.	(530) 405-2815
	NAMI Yolo County An organization of families, friends and individuals whose lives have been affected by mental illness.	(530) 756-8181
Other Family Supports	Office of Client Rights Advocacy Provides advocacy and legal services to consumers of all 21 regional centers throughout California. A Clients' Rights Advocate (CRA) is designated for each regional center catchment area. The CRA helps with legal problems, conducts trainings and investigates denials of rights.	(800) 390-7032
	CalFresh Provide mental health services for children birth to age 5 and their families.	(855) 278-1594
	Yolo County Food Bank Provide mental health services for children birth to age 5 and their families.	(530) 405-2815

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